



Holiday Coaching Programmes

Karori United Tennis Club, 14 Campbell St

Week 1: Tues 27-Thurs 29th September

Week 2: Tues 4th - Thurs 6th October

Foundation Coaching

9am – 12pm

Beginners & Non-Interclub Players

- Ages 6-12 years
- Coaching with professional tennis coaches
- Lessons are designed to improve fundamental technical skills, and teach game strategy

Competitor Coaching

1.30pm-4.30pm

Tournament & Interclub Players

- Lessons focus on improving technical skills and match strategy
- Drills, games and competitions
- Focus on match fitness and footwork

Fun competitions and great prizes (indoor venue available)

COACHING FEES & ENROLMENT DETAILS

\$120 for the full 3 day programme or \$45 per session.

To enrol email Andy Wheeler– capital.coaching.nz@gmail.com Please include your cell phone number, child's name and age, and sessions you would like to sign up for. Payment information will be sent to you via email.



Term 4 Coaching: Starts on Mon 10 October. Group sessions from \$14/ea. Coaching Monday – Fri from 3.20pm onwards.

COACHING – RESTRINGING – APPAREL